

## THICK & EASY® Instant Food and Beverage Thickener Packets



## **MIXING DIRECTIONS**



Pour desired liquid into glass (4 fl oz).



**Empty packet** over liquid.



Stir with spoon or fork for approx. 15-30 seconds.
Allow 1-4 minutes for product to reach desired thickness.



thickens 4 fluid ounces of many liquids to nectar consistency



thickens 4 fluid ounces of many liquids to honey consistency



thickens 4 fluid ounces of many liquids to pudding consistency

STORAGE: store in a cool dry place

Thickener products are not suitable as sole source of nutrition, and are only appropriate for use in individuals above three years of age.

