

# 'Tis the season

The Holidays are a perfect time for everyone to satisfy their sweet tooth craving, and those challenged by dysphagia or swallowing difficulties shouldn't be left out.

THICKENED milk >

THICKENED coffee >

PUREED  
<Snickerdoodle >  
Cookies

PUREED  
<Peanut Butter  
Cookies

# CHECK OUT *these Recipes*

## THICK & EASY® Peanut Butter Blossom Cookies

IDDSI LEVELS **4** **5** **6** **7**

⌚ 45 MINS

The holidays are perfect time for everyone to satisfy their sweet tooth craving, and those challenged by dysphagia or swallowing difficulties shouldn't be left out. Our Peanut Butter Blossom Cookies use **THICK & EASY® Pureed Bread & Dessert Mix** to create a dessert that meets IDDSI Levels 4, 5 & 6 and, more importantly, is even delicious enough to set out for Santa.



[GET recipe](#)

## THICK & EASY® Snickerdoodle Cookies

IDDSI LEVELS **4** **5** **6** **7**

⌚ 45 MINS

We're back with another holiday snack for you and your family to enjoy. Looking for a little bit more holiday spice than our THICK & EASY® Peanut Butter Blossom Cookies? These **THICK & EASY® Snickerdoodle Cookies** are the perfect winter warmer for those with swallowing difficulties, and pack great holiday taste into a snack that meets IDDSI Levels 4, 5, 6 & 7.



\*All recipes should be tested for the appropriate IDDSI level.

[GET recipe](#)

## ITEMS to SATISFY *your CRAVINGS.*

Item #	Description	IDDSI Levels	Case Pack
118519	THICK & EASY® Texture Modified Bread and Dessert Mix	<b>4</b> <b>5</b> <b>6</b>	12/10.6oz
48862	THICK & EASY® Texture Modified Bread and Dessert Mix	<b>4</b> <b>5</b> <b>6</b>	9 LBS
24739	THICK & EASY® Thickened Dairy - Nectar	<b>2</b>	27/8 oz
41805	THICK & EASY® Thickened Dairy - Honey	<b>3</b>	27/8 oz
73626	THICK & EASY® Thickened Dairy - Nectar	<b>2</b>	8/32 oz
73625	THICK & EASY® Thickened Dairy - Honey	<b>3</b>	8/32 oz
81331	THICK & EASY® Clear Thickened Coffee Mix	<b>2</b>	72/5.2 g
81327	THICK & EASY® Clear Thickened Coffee Mix	<b>3</b>	72/7 g

