



# THICK & EASY® Instant Food & Beverage Thickener

## Now easier than ever to get the correct IDDSI level!

**NEW  
PACK SIZE**



### BENEFITS

- Easy to read labels
- IDDSI colors
- Long Shelf Life
- Kosher, Halal
- Non - GMO

### MIXING DIRECTIONS



1. Pour desired liquid into glass (4 fl oz).



2. Empty packet over liquid.



3. Stir with spoon or fork for approx. 15-30 seconds. Allow 1-4 minutes for product to reach desired thickness.

### PRODUCT INFORMATION

\*Always test for the appropriate IDDSI level

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
<b>THICK &amp; EASY® Instant Food &amp; Beverage Thickener</b>															
Thickener Packets - Nectar	126251	1, 2	1 packet	100/4.5g	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener Packets - Nectar	21929	2, 3	1 packet	100/5.5g	15	0	15	4	0	5 yr	Ⓢ	✓		✓	
Thickener Packets - Honey	20223	3, 4	1 packet	100/6.5g	20	0	15	5	0	5 yr	Ⓢ	✓		✓	

\*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.



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for more information  
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**SCAN HERE**

to watch YouTube training video  
"How to Use Thick & Easy® Instant Food  
& Beverage Thickener Packets"

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NOURISHMENT WHEN YOU NEED IT MOST®