

**VITAL CUISINE™
500 SHAKE**
Suitable for IDDSI Level **2**



**THICK & EASY®
PUREED PORK**
Suitable for IDDSI Level **4**



**THICK & EASY®
THICKENED DRINK**

Nectar - IDDSI Level **2**

Honey - IDDSI Level **3**



**HORMEL
HEALTH LABS**

YOUR DYSPHAGIA LEADER
COMPREHENSIVE SOLUTIONS FOR ALL LEVELS OF CARE

Hormel Health Labs is proud to provide foods, beverages and specialty items to help those coping with various health conditions. We offer a broad line of products to allow individuals with swallowing difficulties to enjoy their favorite foods and beverages.

- IDDSI levels indicated on many items.
- Taste great
- Convenient
- Time saving - easy to prepare
- Dignified Pureed diet foods
- Affordable

**THICK & EASY®
PUREED CARROTS**
Suitable for IDDSI Level **4**



**MED PASS® 2.0 FORTIFIED
NUTRITIONAL SHAKE**
Suitable for IDDSI Level **2**



**MAGIC CUP™
DESSERT**
Suitable for IDDSI Level **4**



THICK & EASY® THICKENED DAIRY
Nectar IDDSI Level **2** Honey IDDSI Level **3**



YOUR DYSPHAGIA LEADER

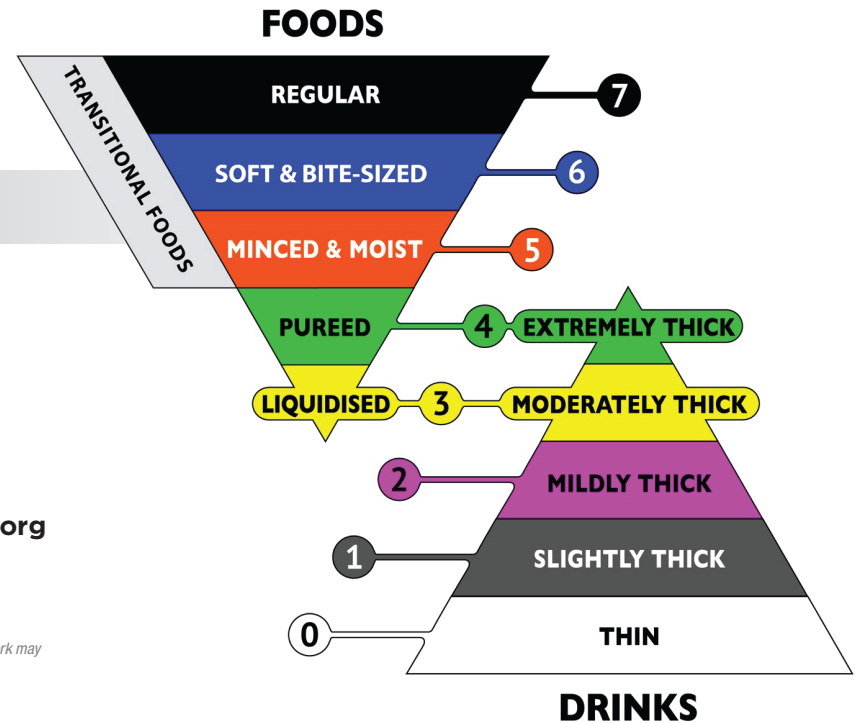
COMPREHENSIVE SOLUTIONS FOR ALL LEVELS OF CARE

PLATINUM FOUNDATION SPONSOR OF IDDSI

The International Dysphagia Diet Standardization Initiative, or IDDSI, has developed global standardized terminology and definitions for texture modified foods and thickened liquids to improve the safety and care for individuals with dysphagia of all ages, in all care settings, and across all cultures.

For more information on the consistency labeling of this product go to www.iddsi.org

The IDDSI Framework and Descriptors are licensed under the Creative Commons Attribution ShareAlike 4.0 Licence <https://creativecommons.org/licenses/by-sa/4.0/legalcode>. Attribution is requested as follows: (c) The International Dysphagia Diet Standardisation Initiative 2016 @ <http://iddsi.org/resources/framework/>. Attribution is NOT PERMITTED for derivative works incorporating any alterations to the IDDSI Framework that extend beyond language translation. Supplementary Notice: Modification of the diagrams or descriptors within the IDDSI Framework is DISCOURAGED and NOT RECOMMENDED. Alterations to elements of the IDDSI framework may lead to confusion and errors in diet texture or drink selection for patients with dysphagia. Such errors have previously been associated with adverse events including choking and death.



THICK & EASY® CLEAR Food & Beverage Thickener

This chart is a guide for thickening liquids. The amount of thickener may need to be adjusted to meet your individual needs.

THICKENER MIXING CHART- 4 fl oz serving				
Liquid Consistency				
IDDSI*	1 Slightly Thick	2 Mildly Thick	3 Moderately Thick	4 Extremely Thick
		Nectar-like	Honey-like	Spoon-thick Pureed
4 fl oz	¼ tsp	¾ tsp	1¼ tsp	1 T + 2½ tsp
6 fl oz	½ tsp	1 tsp	2 tsp	2 T + 2¼ tsp
8 fl oz	¾ tsp	1¼ tsp	2½ tsp	3 T + 2 tsp
32 fl oz	1 T	2 T	3½ T	¾ cup + 2 T + 2 tsp
128 fl oz	¼ cup	½ cup	1 cup	3½ cups + 2 T + 2 tsp

T = Tablespoon, tsp = teaspoon, 3 tsp = 1 T



MIXING DIRECTIONS

*ENCLOSED SCOOP = ¾ tsp

1. Add level measured thickener into empty, dry glass or container.
2. Measure desired liquid into separate container.
3. Add liquid to thickener quickly while stirring briskly with a whisk or fork until dissolved.
4. Allow 5-10 minutes for product to reach desired thickness.

